



Make a connection. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK's impact in 2016



Estimate based on studies

safeTALK works

Studies show that participants gain confidence:

- ✓ Asking people about suicide directly
- ✓ Connecting them to life-saving resources
- ✓ Keeping them safe until those resources take over

HALT can provide your SafeTALK training. Want to know more?

- SafeTALK is typically completed within 3-4 hours.
- SafeTALK can be delivered at your site (in most cases)
- Costs vary from fully subsidized to \$70 per head.

HALT has accredited SafeTALK trainers and will work with you to meet the needs of your group or workplace.

To find out how HALT can deliver the training to your people, please call 0447 532 156 or email PC@halt.org.au

People making a difference with safeTALK



To learn more about safeTALK and see the evidence at www.livingworks.net/safeTALK